



July 2019

Volume 21 Issue 7

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ENJOYING THE OUTDOORS

It was a perfectly beautiful day to hold worship service outside under the pavilion on Sunday, June 23. At the end of the service, everyone enjoyed a potluck picnic.



Cathy and I enjoyed a riverboat cruise and some tours around the western region of France. I think I saw enough castles, cathedrals and gardens to satisfy my interest in these things for quite some time. The cathedrals were impressive, but I'm thankful that we have a small and relatively simple church structure to maintain. It is nice to be able to have a sanctuary that we can fill (or at least make look full).

We were surprised by the French people. We had been told that they were not very friendly to Americans but we had some great experiences with them. Maybe it was because of the celebration of the 75th anniversary of "D-Day" that reminded them of America's part in restoring France to the French people, but they waved American flags to honor us and went out of their way to express their appreciation of America's sacrifice in the war. Of course, we did not personally deserve such honor. Cathy and I were no more than a future possibility at that time, but we accepted their words of appreciation for our fathers and for all those men and women who risked their lives in World War II.

Again, we had a very nice vacation and we both remarked how privileged we were to be able to take such a vacation. For most of our working years, we could not have imagined enjoying such trips. We pray that all of you will have similar opportunities and we thank the Lord that he has provided such travel opportunities to us.



PERSONAL REQUEST

This is not an appeal for money or volunteers. I am not asking for anything more than information. When you are ill, when a friend or family member is ill or terminal, when a child is born, when any major life event takes place for any member of our congregation, **please inform me.**

Too often, I've faced the anger of members, here and at my previous congregation, for not visiting someone in the hospital or for not offering to pray with them at other important moments, when no one let me know of the circumstances. We are a team and so my appeal is that you keep me and the church administrator informed. Then if I mess up (as I sometimes do), I will deserve the complaint. Thank you.

- Pastor Wesemann

CONTACT INFORMATION

Rev. Ronald Wesemann	Pastor
Denise Rich	Parish Administrator
Gabriel Rebolla	Music Director
Jessica August	Nursery Attendant
Cheryl Smola	Newsletter Editor
Office Hours:	T - TH, 10 am to 3 pm
Worship Service	Sunday, 10 am
Address	1239 Clover Mill Road Chester Springs, PA 19425
Phone:	610-933-9611
Fax	610-983-0595

E-mail: office@stpeterschestersprings.org
Website: www.stpeterslutheranonline.org

After Hours Emergency Contact:
Pastor Wesemann: 610-933-4639

PASTORAL ACTS

Confirmation: 6-02-19
Anna Eckerdt, Rodger Grant, Caden Reidy,
Eric Twaddell, Cole Young, Kira Young

Funeral:
Ed Rafferty 6-24-19

Wedding Scheduled:
Gabriel Rebolla & Peter Guintoli 8-17-19
Amanda Bleacher & Kurt Goerlich 11-08-19



Please pray not only for your loved ones but also for the entire congregation, its leaders and those listed below as they cope with life's challenges.

Loving and caring God,

We know that you are with us in the times when we are struggling, sick on either an emotional or physical level and in our hour of need when we no longer believe in ourselves. Help us to recognize the depth of your love during those times so we do not feel alone. Open our hearts to feel the enormity of your presence, to feel your deep and unconditional love and to recognize your guidance. We ask that you might ease our burdens as we pray in Jesus' name. Amen.

Dorothy Abrahamsen
 Esther Altmann
 Midge Bates
 Stephanie Bilash
 Family of Pat Bodine
 Marilyn Burk
 Peggy & Mike Burnley
 Lori Burnley
 Anthony Casperite
 Elizabeth Casperite
 Michael Cesario
 Jill Clark
 Calvin Clifford
 Family of Greg Cole
 Harry Cornog
 Gary Derr
 Kenneth Dobson
 Sigi Eichinger
 Rick Ford
 Daniel Frey
 Shirley Harp
 Family of Richard Kropp
 Marjorie Kropp
 Peter & Jean Marchianco
 Atea McArel
 Mulcahy Family

Anthony Napolitano
 Winnie Neiman
 Linda Patton
 Sally Peirson
 Debbie Phillips
 Mary Beth (Skurka) Prager
 Family of Ed Rafferty
 Dennis Reed
 Family of James Rendi
 Schwartz family
 (Ethan, Martrese, Eric & Julianna)
 Lloyd & Mary Ann Seavers
 Floyd Segner
 Gary Segner
 Dorothy Schmidt
 Amanda Smith
 Cheryl Smola (Larry's sister)
 Mary Lou Tate
 Paul Theisen
 Charlotte Twaddell
 Dee Vaughn
 Bernd Warner
 Fred Wesemann
 Rita Wesler
 Jo Ann Willenbrock
 Irene Williams

Please keep the church informed about the continued need for prayer of those listed on the prayer list. You can submit names for the prayer list to the office. To initiate the prayer chain for immediate prayer needs, contact:

Pastor Wesemann
 (610) 933-9611

Marilyn Burk
 (484) 341-8463 or
 (610) 517-1147

Debbie Francis
 (610) 495-6585

IT SEEMS I'M ALWAYS SAYING ...



While I was away on vacation, one of our members had an emergency and was taken to the hospital. This member is single with no family to assist. I want to thank those from our congregation who stepped up to help. You visited, helped take care of the member's dogs and stood by, providing both resources and support. This is what we should be doing as a church and I thank you for living up to our understanding of the body of Christ.

Thank you also to those who helped to plan for the choir event, served a meal and provided housing for the Wesley Bell Ringers. We, along with a lot of guests, were privileged to hear a fantastic concert and meet some great kids, their directors and chaperons. Thank you hosts, Fellowship and Music & Worship committees.

- Pastor Wesemann



One of the most efficient ways to give to charity is available only to those of ages 70½ and older. It is known as the qualified charitable contribution (QCD) made directly from your IRA.

Under a QCD, the charitable contribution made from an IRA is not included in the gross income of the IRA owner. Nor does the owner take a deduction for the contribution. Additionally, the QCD counts toward the required minimum distribution (RMD) for the year.

A distribution must meet certain requirements to be a QCD. The charitable contribution must be made directly from the IRA custodian or trustee to the charity. QCDs are limited to no more than \$100,000 annually, no matter the amount of your RMD for the year. The IRA owner should have documentation in writing from the charity acknowledging the amount and date of the contribution.

- Doris Sterner

WESLEY BELL RINGERS

St. Peter's Lutheran welcomed a concert visit from the Wesley Bell Ringers who came all the way from Salt Lake City, Utah. Sponsored by the Christ United Methodist Church in Salt Lake City, the youth bell choir travels across North America so they can share their talents and beautiful music. This event was made possible by the generous people of our congregation who opened their homes and their hearts to host these young people so that they could entertain us here in our sanctuary and then continue on their journey.

The bell ringers were inspiring and Kristy Young shared, "The concert was amazing!"



Cole holding a 20 pound bell.



Wesley Bell Ringers



Date: Saturday, July 27
Time: 8:00 am to 8:00 pm
Place: St. Peter's Lutheran Church

Christmastime is always a hectic time of year as we prepare for family gatherings in celebration of the birth of Jesus. Rarely do we slow down enough to truly embrace the miracle of the birth of our Savior.

Our church sanctuary will be open on Saturday, July 27, for people to walk through various stations created by Shaina Hlavac, Sarah Schreier, Cheryl Smola, Doris Sterner and Cathy Wesemann and to reflect and recapture the spirit of Christmas in their hearts a little early this year.

Unlike the Easter Vigil, there is no need to sign up for a specific time for this event as the church will be made available for 12 hours! People can come and go at a time that best fits their schedules. We encourage everyone to bring along family and friends of all ages!





NEWS FROM OUR HEALTH MINISTER, DORIS STERNER

“My body and my heart may grow weak, but God is the strength of my heart and all I need forever.” Psalm 73:26

Heatstroke and heat exhaustion are illnesses caused by exposure to extreme heat. If left untreated, heat exhaustion can progress into heatstroke, which may be life-threatening. According to the Centers for Disease Control and Prevention (CDC), above-average temperatures or unusually humid weather kills more than 600 people in the United States each year. As temperatures rise, it is important to know how to avoid heat-related illnesses. These conditions both result from overexposure to extremely hot weather. However, only heatstroke can cause damage to the body's systems.

Heatstroke: Without treatment, heat exhaustion can develop into heatstroke. Heatstroke, also called sunstroke, is the most serious heat-related illness. It occurs when the body's temperature is 104°F or higher and it is a life-threatening medical emergency. If not treated immediately, heatstroke can damage multiple organs and systems. Heat exhaustion can lead to:

- muscle cramping
- a rapid, weak pulse
- a general sense of weakness
- nausea or vomiting
- excessive sweating
- cold, clammy skin
- dizziness and sometimes fainting
- dark-colored urine

Heat exhaustion: Heat exhaustion is less serious than heatstroke. Anyone who suspects that they have heat exhaustion should immediately rest and rehydrate. If symptoms do not improve, seek medical attention to prevent heatstroke. Symptoms of heat exhaustion and heatstroke may develop quickly or over several days. They can cause significant distress and muscle cramping often occurs first.

Heatstroke may begin with symptoms of heat exhaustion. It can be life-threatening, and symptoms may rapidly worsen to include:

- a temperature of 104°F or higher
- hot, dry skin
- a racing heartbeat
- confusion
- agitation
- slurred speech
- seizures
- loss of consciousness
- coma

No one should remain alone in a parked car in extremely hot weather. Doing so could be especially dangerous for children and people aged 65 and older. With appropriate, timely treatment, a person can fully recover from heat-related illnesses. Recognizing symptoms of heat exhaustion and taking steps to cool down can prevent the condition from developing into heatstroke. Even on the hottest days, these illnesses can usually be prevented by planning and taking precautions.

There are two types of heatstroke: Exertional and Non-exertional.

Non-exertional heatstroke occurs in those who cannot adapt well to increasingly hot temperatures. Older adults, people with chronic illnesses and infants are often affected. A person typically experiences this type of heatstroke when they are indoors without air conditioning and they may not be engaging in any physical activity. It can take several days of high temperatures for non-exertional heatstroke to occur and it is common during extreme heat waves.

Exertional heatstroke occurs in people whose bodies can no longer adapt to rising temperatures while exercising or working. This condition can develop within a few hours and it usually affects people who are spending time outdoors. Spending time in closed cars puts small children and pets at high risk of heatstroke. The CDC estimate that when the temperature outdoors is 80 degrees F, the temperature inside a closed car rises to 109 degrees F within 20 minutes. The hotter it is outside, the faster the temperature rises inside a vehicle.



When temperatures rise, it is important to know how to prevent heat-related illnesses. The goal is to keep the body cool.

The following strategies can help:

- staying indoors during the hottest part of the day
- trying to stay in the shade when outdoors
- drinking an extra 2–4 cups of water every hour while exposed to high temperatures
- taking frequent breaks when working or exercising outdoors on hot days
- wearing loose, light-colored clothing
- using cooler water for showers and baths
- wearing a wide-brimmed hat to shield the face from the sun
- avoiding drinks that dehydrate, including those with caffeine or alcohol
- wearing breathable fabrics like cotton, rather than synthetic blends
- spending part of the day in an air-conditioned place, such as a mall, library, or movie theater

(taken from Medical News Today)

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4  Independence Day	5	6
7 4 th Sunday After Pentecost 10:00 am Worship–Communion 11:30 am Outreach Committee Summer Donation Drive Dry Cereal, Crackers, Pretzels	8	9	10	11	12	13
14 5 th Sunday After Pentecost 10:00 am Worship Service 11:30 am Christian Education Evangelism Committee Property Committee Summer Donation Drive Paper Products	15	16 6:30 pm Council	17	18	19	20
21 6 th Sunday After Pentecost 10:00 am Worship–Communion Summer Donation Drive Cleaning Products	22	23	24	25	26	27 8 am - 8 pm Christmas in July 
28 7 th Sunday After Pentecost 10:00 am Worship Service 11:30 am Fellowship Committee	29	30	31	1	2	3

JULY CELEBRATIONS

Birthdays

Marilyn Burk
Denise Burnley
Mary Eckerdt
Ethan Eckerdt
Dotty Frey
James Friday
Bruce Hartman

Carol Lauer
Michael Linderman
Betty McCardell
Betty Ryberg
Ethan Schreier
Lloyd Seavers

Joanna Sheffer
Jared Smola
JoAnn Willenbrock
Ben Witt
Cole Young
Kira Young

Anniversaries



Ryan & Alison Burnley	6
Arthur & Janet Herling	4
William & Anita LaCoff	27
Brad & Annie Lacey	21
Larry & Cheryl Smola	26



COMING UP IN AUGUST

1	6:15 pm	Music & Worship Committee
4	10:00 am	Rev. Krueger Preaching
	11:30 am	Outreach Committee
11	10:00 am	Rev. Krueger Preaching
	11:30 am	Evangelism Committee
	11:30 am	Chris. Ed. Committee
13	6:00 pm	Executive Committee
17		Rebolla/Giuntoli Wedding
18	11:30 am	Property Committee
20	6:30 pm	Council Meeting
25	11:30 am	Fellowship Committee

July 2019	Assistant Schedule			
	7	14	21	28
Greeters	Al & Marilyn Burk	Robert Phillips	Eckerdt Family	Young Family
Ushers	Christine Reidy Kayla Reidy	Anna Eckerdt Kira Young	John Young Cole Young	Larry Smola Walter Supplee
Lector	Carm Venezia	Diann Riepen	Ted Weicheld	Al Burk
Cantor	Hannah Weicheld	Kristy Young	Al Burk	Jay Eckerdt
Communion Assistants	Dave Sterner Doris Sterner	--	Marilyn Burk Karen Cannizzaro	--
Acolytes	Gary Segner	Gary Segner	Kira Young	Doug Beck
Altar Flowers	Young	Cannizzaro	Schreier	Bill Smith
Bulletins	Young	Walter Supplee	Un-sponsored	Bill Smith
Fellowship	Un-sponsored	Un-sponsored	Un-sponsored	Un-sponsored
Altar Team	Carol Maholland		Debbie Phillips	
Counters	Doris Sterner & Robert Phillips			
Bread/Wine	Bread: Smith		Wine: Hartman	
Paper Goods	Un-sponsored			

FINANCIAL UPDATE:

*THE FOLLOWING IS A SUMMARY OF FINANCES
JANUARY 1 THROUGH MAY 31, 2019:*

Total Income: \$59,946
 Total Expenses: \$75,583
 Total Surplus (Deficit): (\$15,637)



ST. PETER'S MISSION is to fulfill our calling as the Body of Christ. We will be a worship center in the community. We will learn and teach the meaning of God's Word. We will share our Christian Faith with others. And we will support individuals in their time of personal need. As we accomplish these things, we will be faithful Stewards of God's Gifts.

OUR VISION is to be a center of activity and a welcoming congregation of worshipers growing in faith, while encouraging community outreach through various ministries.

CROSSWORD PUZZLE - BY BOB PATTON

Across

- | | |
|-----------------------------------|-----------------------------------------------------|
| 1. Inflatable airship | 26. Chemical symbol for Aluminum |
| 6. Whole = sum of the ____ | 27. Citrus fruit |
| 11. Arms and legs | 30. Senior |
| 12. Asunder | 33. Talking horse, Mr. ____ |
| 13. Baseball official | 34. Cosmetic brand |
| 14. Everyone | 36. Each (abbr.) |
| 16. Boston ____ Party | 37. Law improving accessibility for the handicapped |
| 17. Chemical symbol for Tellurium | 39. Organ of hearing |
| 18. Mission in Texas | 40. Also |
| 20. Postal code for Arkansas | 41. Honda model |
| 21. Light bulb brand of old | 43. Asian country |
| 23. Francis ____ Key | 45. Toss |
| 25. Wavelength longer than red | 46. Fragrant chemical |

Down

1. Popeye's nemesis in the cartoons
2. Citrus fruits
3. Mischievous one
4. Major board game maker
5. One of many songs written by David
6. Tropical trees
7. A major news reporting agency
8. Rodent
9. Trick or ____
10. Begin
15. Largest city in California (abbr.)
18. Moses' brother
19. City in Florida
22. Edge of a wheel or glass
24. Not young
27. Blood sucking critter
28. Wally's friend on *Leave it to Beaver*
29. Sister's daughter
30. Weird
31. ____, Meenie, Miney, Mo
32. Airplane tracking system
35. Mid-Atlantic state (abbr.)
38. Ms. Gabor
40. Home security company
42. Roman numeral four
44. Canadian Maritime Province (abbr.)

1	2	3	4	5		6	7	8	9	10
11						12				
13				14	15			16		
17			18				19		20	
21		22				23		24		
		25				26				
27	28			29		30			31	32
33			34		35				36	
37		38		39				40		
41			42			43	44			
45						46				

Solution to this puzzle can be found in the next issue of The Herald.

Solution to the June puzzle at right.

C	W			F	A	D			S	A	
H	E	M		E	V	E		S	I	P	
E	L	U	D	E		U	S	U	R	P	
A	C		E	D	I	S	O	N			
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C	O	W			I	N	K		R	A	M
C	T				S	H	Y			N	S



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Mauger & Co. would like to offer services at a discounted rate to St. Peter's Lutheran Church and its members, including premium heating oil, commercial fuels, HVAC service & installations.

In addition, Mauger & Co. would like to donate \$25 to the children's ministry for every member who becomes a customer and would like to offer heating oil to any member at an additional 5 cents off per gallon.



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\$10 Off With This Flyer



Would you like to advertise your business here and help sponsor The Herald?
 Contact the church office for further details.

SUMMER DONATION DRIVE

It's not too late to contribute to the summer donation drive!

If you are able, please consider donating to our food drive where we support local social service organizations in replenishing their pantry shelves. A great way to help this effort is to look through the local grocery store or newspaper sale flyers. Often, there are sales going on where you can spend less money on the needed items while still making a huge impact. Don't forget about sale items from warehouse clubs like BJ's and Costco.

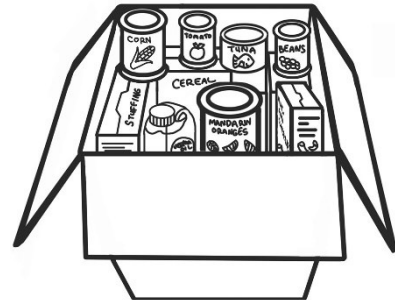
And why not pick up a Giant or Redner's card from Doug Beck and support St. Peter's while you are helping those in need?


The donation boxes are located in the Pikeland Wing. The drive continues until August 25.

Let's try and make this our largest donation drive ever!

Items Needed:

- Cans of soup
- Cans of vegetables
- Cans or boxes of pasta
- Cans of meat or fish
- Dry cereal, crackers, pretzels
- Toilet paper, paper products
- Cleaning products



 This is a handicap-accessible facility.