July 2020

Volume 22 Issue 7





We have continued our study of the book of Mark on Zoom. At present, we are up to Mark 2:18. All are invited to participate. The Zoom invitation is sent out to all on our membership list, but it is not restricted to members. We added a friend of mine from Philadelphia in June.

If you did not receive an invitation and would like to attend, please email or call me and I will make sure that you get the necessary information.

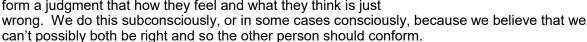
- Pastor Wesemann



Sanitizing Our Hearts During These Trying Times

We are living in some very troubling times and it seems every day we are bombarded with news/feeds/social media blurbs via our various communication devices (televisions, radios, phones, computers/tablets) on sensitive topics such as politics, racism, social injustice, the virus (masks, social distancing), etc. Often, many people will form their opinions based on just one piece of news they read or hear.

What is most troubling is when people close their minds and are not willing to listen to another's opinion if it is different from their own. Our egos get so inflated that we don't even hear what the other person is saying because we have already started forming our thoughts on how we will reply as they're speaking. We hear words coming out of their mouth but we don't *feel* the words and we don't take the time to understand their intentions. We instantly form a judgment that how they feel and what they think is just



We've all been in situations where a person takes over a conversation and imparts their opinion without allowing others to contribute to the discussion. They overpower everyone else by making sure that their beliefs and convictions are heard. They have no remorse and offer no apology if what they've said is offensive, hurtful or different from what others believe. It's their way ... or the highway ... as the old saying goes. They've reached these mindsets based on their personal experiences, so to them, what they are saying makes all the sense in the world. It's what they know and believe.

Even in the Lutheran faith, we have differences of opinions on various topics. We don't all share the same opinions on the same subjects because no two people think exactly alike. Again, that's because we have all experienced life differently. In James 1:19 it says, "Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger". We have much to learn from this. We need to listen more, be considerate of each other's opinions and, most importantly, we need to remember not to cast judgment. There is nothing wrong with standing up for what we believe as long as we don't lose sight of the fact that others aren't necessarily completely wrong for what they believe. Let us all pray that our differences don't lead to more violence; that more people will begin to feel the words others are speaking and be more understanding of differing opinions, whether we share that same experience/belief or not.

- Cheryl Smola









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https://www.stpeterschestersprings.org/ wordpress/

After Hours Emergency Contact: Pastor Wesemann: 610-933-4639

Pastoral Acts

Wedding to Be Blessed:

Alexandra K. Opsal & Luke Magolda 6-13-20

Weddings Scheduled:

Christine Bealer & Tyler Land 9-12-20 Charlotte Jordan & Michel Marron 10-10-20

Scattering Garden Funeral:

Esther Altmann To be scheduled

Funeral:

Luanne Skurka

7-11-20

(Private burial service followed by a Celebration of Life Service open to all at 10:00 am.)

From the Pastor's Desk

When will we open for worship? It's a good question, but one to which I still do not have an answer. While many people are ready to throw caution to the wind, only a small number of our Church Council feel that it is safe enough to return to church. Some of them can't see themselves worshipping with masks on and no singing. I'm ready to worship as a congregation, but the time is not right. I know that other churches are carefully holding worship both inside and outside. I applaud their efforts and I pray for their wellbeing. Since we are able to worship via the internet, my greatest concern is that we might lose track of what is most important—ministry.

Through this newsletter and our worship online, we are ministering to our congregation and a large number of others. Through virtual Sunday School and Zoom Bible Study, we are ministering Christian education to a few. We have scheduled Adopt-a-Highway for July and we directed some of our stimulus money to PACS (around \$1,000), but are we doing all that we can do to minister to our congregation and the community? I don't believe so.

In the past, I would make regular visits to the sick and homebound (I can't do that now). I make some calls, but it is not the same. And you, how are you reaching out to the sick and homebound? It is amazing the impact that you can make by sending cards and letters or making phone calls to these people, especially in this time when they cannot have visitors. It can turn an otherwise dreary day into a happy one. I would hope that you are finding ways to keep in touch with each other as well.

Church Council feels that we are not ready to come back to worship with the restrictions set by the state, the federal government and the ELCA, but that doesn't mean that we cannot open our property for prayer. I know that prayer does not need to be in church or on church grounds, but sometimes it feels just a little bit more special to pray in and around the church. I invite everyone to stop by the church, sit in the gazebo or the picnic pavilion and pray. Of course, when you see that there are others around, wear a mask and/or social distance yourself.

There are a lot of concerns in our world that need our prayers. Pray for our church, our membership and those suffering because of the pandemic. Pray for the resolution of the issues of injustice and racism, for an end to the struggles imposed upon us by all the political rhetoric, for an end to anarchy and insurrectionism, and for some relief from the economic burdens placed on so many. In addition to prayer, try to come up with ideas of ways that we can further minister right now while restricted in so many ways. Your creativity has led already to virtual Sunday School, Zoom Bible Study, some youth events held via the internet and a Zoom Movies and Faith. Thank you, and remember your financial support of the church is also needed even when we are not worshipping in person.



Please pray not only for your loved ones but also for the entire congregation, its leaders and those listed below as they cope with life's challenges.

Loving and caring God,

We know that you are with us in the times when we are struggling, sick on either an emotional or physical level and in our hour of need when we no longer believe in ourselves. Help us to recognize the depth of your love during those times so we do not feel alone. Open our hearts to feel the enormity of your presence, to feel your deep and unconditional love and to recognize your guidance. We ask that you might ease our burdens as we pray in Jesus' name. Amen.

Dorothy Abrahamsen Glenn Allen Midge Bates Bernadette Bender Stephanie Bilash Al & Marilyn Burk Peggy Burnley Anthony Casperite Elizabeth Casperite Michael Cesario Jill Clark Calvin Clifford

Harry Cornog Terri Crimi, Lewis Branin and Nicholas & Christopher

Gary Derr Kenneth Dobson Sigi Eichinger Daniel Frey Wade Frey Shirley Harp Marjorie Kropp Linda Lilienfeld

Peter & Jean Marchianco

Atea McArel Mike Mazoué

Benjamin Medvr Anthony Napolitano Debbie O'Hara & Rod O"Hara Linda Patton Sally Peirson Mary Beth (Skurka) Prager Dennis Reed Frank & Diann Riepen **Dorothy Schmidt** Schwartz family (Ethan, Martrese, Eric & Julianna) Lloyd & Mary Ann Seavers Floyd Segner

Mulcahy Family

Family of Luanne Skurka Amanda Smith Walter Supplee Mary Lou Tate Bernd Warner Fred Wesemann Rita Wesler

Gary Segner

Jo Ann Willenbrock Irene Williams

Please keep the church informed about the continued need for prayer of those listed on the prayer list. You can submit names for the prayer list to the office. To initiate the prayer chain for immediate prayer needs, contact:

Pastor Wesemann (610) 933-9611

Marilyn Burk (610) 517-1147

IT SEEMS LIKE I'M ALWAYS SAYING ...

Luanne Skurka's death came as a shock to so many of us. You may not know it, but Luanne was here many Sunday's supporting Mike as he recorded the Sunday morning services. I was thankful for her help.



Today, I am most thankful for the response of our congregation and the support shown to Mike as he now works through his grief and the process of Luanne's burial, working with the executor of her estate. The members of St. Peter's were by his side and on the phone, supporting him right away and have continued that support. This is what we as a church do—step up to support one another in times of struggle. Thank you for being good friends to Mike and loving members of St. Peters.

FELLOWSHIP HOUR

We are continuing to gather by way of our phones, tablets, computers and Zoom each Sunday morning after worship ends. If you have not joined in. I encourage you to do so. You can join even if you do not have video capabilities. In mid-June, we had 23 people participate and talk about their grief at the loss of Luanne and also discuss on-going events. We stay on for about an hour.

To join by phone, you can call 1-301-715-8592. The meeting ID is: 404 260 9577. Please contact Pastor for the password. To join by computer, you can use this link: https://us02web.zoom.us/j/4042609577?

pwd=bFdFazNzZVBLVFdgZ2RkblBlZ042UT09



Stewardship Note

Michael W. Foss, an ELCA pastor and author, writes in Real Faith for Real Life: "Giving is an essential aspect of the life of discipleship. When the followers of Jesus become miserly, we turn from the best of ourselves. We have not been created simply to watch out for our own needs."

"When we claim God's gifts and hoard them for ourselves, we deny the destiny God has planted within us. Things that clutter our lives and our hearts keep us from discovering the joy of giving."

What do you think of the idea that the need to give is part of the image of God within us? How have you experienced purpose through generosity?

- Doris Sterner

GENEROSITY

It seems Congress is planning another stimulus program. Of course, if you need the money, you are encouraged to use it, but, if it comes to you as extra money, please remember your church and the charities that we regularly support.

Remember, we can be the reason that someone who has lost his/her iob makes it through this difficult economic and pandemic time.

- Pastor Wesemann

Hello St. Peter's Lutheran family,

These current times may have you thinking about trying something new, or someone you know may want to try something new. How about trying out piano lessons?

With concerts being cancelled and schedules being altered due to current events in my life, I have spent the past few months growing my home piano studio with efficient lighting and high-quality sound. I adapted myself to this online teaching system like many other teachers using Skype or Zoom. Using two cameras, I have the ability to show my hands and my face at the same time to the students I am teaching. To make the lesson experience interactive for younger students, I share my computer screen to teach rhythms and notes and to explore musical games. I am having a great experience and much success with the students I am currently teaching.

For those of you who don't know my background, I am originally from Brazil, and have a career as a Collaborative Pianist and Opera Coach. I have performed in concert halls throughout Brazil, Italy, France and the United States. I am currently the Music Director at St. Peter's Lutheran. I am also part of the Temple University faculty where I work as a coach and accompanist, and one of the principal coaches at the Russian Opera Workshop in Philadelphia. I have been teaching piano to students of all ages for over 20 years.

If you don't have the instrument at home but would like to learn, you can certainly start with a simple keyboard that can be purchased very cheaply online. I can recommend some good options.

Please feel free to share this piano lesson opportunity with anyone you know. I can be contacted at 484-353-4000 or at gabrielrebolla@yahoo.com













July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	29	30	1	2	3	4 Independence Day
5 5 th Sunday after Pentecost 10:00 am Worship - Communion 11:30 am Zoom Fellowship Livestream on Facebook until further notice	6	7	8 4:00 pm Virtual Sunday School	9	10	9:30 am Private burial 10:00 am Luanne Skurka Celebration of
12 6 th Sunday after Pentecost 10:00 am Worship 11:00 am Zoom Fellowship Livestream on Facebook until further notice	13	6:00 pm Virtual Executive Committee	4:00 pm Virtual Sunday School	16	17	18 9:00 am Adopt-a- Highway
19 7 th Sunday after Pentecost 10:00 am Worship - Communion 11:30 am Zoom Fellowship Livestream on Facebook until further notice	20	21 1:30 pm Virtual Bible Study 6:30 pm Virtual Council	4:00 pm Virtual Sunday School	23	24	25 9:00 am Adopt-a- Highway Rain Date
26 8 th Sunday after Pentecost 10:00 am Worship 11:00 am Zoom Fellowship Livestream on Facebook	27	28	4:00 pm Virtual Sunday School	30	31	1

JULY CELEBRATIONS

Birthdays

Marilyn Burk Denise Burnley Mary Eckerdt Ethan Eckerdt James Friday Bruce Hartman Carol Lauer Michael Linderman Betty McCardell Betty Ryberg Ethan Schreier Lloyd Seavers Joanna Sheffer Jared Smola JoAnn Willenbrock Benjamin Witt Cole Young Kira Young

Anniversaries

Ryan & Alison Burnley Art & Janet Herling William & Anita LaCoff Brad & Annie Lacey Larry & Cheryl Smola Yue & Julia Tu

COMING UP IN AUGUST

11 6:00 pm Virtual Executive Committee

18 1:30 pm Virtual Bible Study 6:30 pm Virtual Council

All in-person meetings and activities are cancelled until further notice.

Worship will be livestreamed until the "all clear" has been received.

July 2020	Assistant Schedule								
2020	5	12	19	26					
Greeters									
Ushers									
Lector									
Cantor									
Communion Assistants									
Acolytes									
Altar Flowers	Alan Walter	Young	Herling	Bill Smith					
Bulletins	Walter Supplee Young		Walter Supplee	Bill Smith					
Fellowship			·						
Altar Team									
Counters	Doris Sterner and Doug Beck								
Bread/Wine	Bread: Wine: Bill Smith								
Paper Goods	Unsponsored								



ST. PETER'S MISSION is to fulfill our calling as the Body of Christ. We will be a worship center in the community. We will learn and teach the meaning of God's Word. We will share our Christian Faith with others. And we will support individuals in their time of personal need. As we accomplish these things, we will be faithful Stewards of God's Gifts.

OUR VISION is to be a center of activity and a welcoming congregation of worshipers growing in faith, while encouraging community outreach through various ministries.

News from Our Health Minister, Doris Sterner

"God made the two great lights-the greater light to rule the day and the lesser light to rule the night-and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good." Genesis 1:16-18

What's Your Sun Safety IQ? Sun safety is not just for vacation. Are you sun-safe every day? Take the American Cancer Society's quiz and find out.

- I can't get skin cancer because my normal routine (such as driving to work, hobbies, and vacations) doesn't include a lot of time outdoors. True or False
- I should use sunscreen at football games, even though I only go (and get burned) once or twice a year. True or False
- If I'm wearing sunscreen, I can stay in the sun as long as I want.True or False
- A sunscreen labeled SPF 15 blocks more UV radiation than one labeled SPF 30. True or False
- 5. It's safe to let my children stay in the pool all day if they slip on a T-shirt after a couple hours and re-apply sunscreen to their faces, arms and legs. **True or False**
- 6. How often do I need to reapply water-resistant sunscreen?
 - A. Every 2 hours or sooner
 - B. After sweating or swimming
 - C. After I towel dry
 - D. All of these

- Getting a "base tan" at an indoor tanning salon is a good way to prevent sunburn when I go to the beach later this summer. True or False
- 8. What are some of the most common (and painful!) sunscreen mistakes?
 - A. Choosing an SPF below 30
 - B. Using too little
 - C. Waiting too long to re-apply
 - D. All of the above
- 9. Now, put it all together. You applied sunscreen at 12:00 pm for an afternoon of reading beside the pool. At 2:00 pm, which one of the following actions would best protect your skin?
 - A. Slip on some loosely woven cotton clothes
 - B. Move to the shade
 - C. Re-apply sunscreen
- 1. **FALSE:** Dermatologists say brief sun exposures all year round can add up to major damage for people with fair skin. And some of the sun's ultraviolet (UV) rays can even pass through windows, so driving or even sitting by a window during peak sun hours (10:00 am to 4:00 pm) can expose your skin to damaging UV rays if the sun is shining directly on you. Everyday exposures are linked to squamous cell skin cancer. Although not as dangerous as melanoma, squamous cell skin cancer is far more common and the number of cases has been going up every year.
- 2. **TRUE:** Many people think it's OK to get a sunburn now and then, but studies show that even occasional exposure to strong sunlight seems to increase the risk of the most deadly type of skin cancer, melanoma.
- 3. **FALSE:** It's not smart to broil in the sun for several hours, even if you're wearing sunscreen. These products don't provide total protection from UV rays. The ACS recommends that people seek shade and limit time in the sun at midday. Also, cover up with a shirt, wear a wide-brimmed hat, use a broad-spectrum sunscreen rated SPF 30 or higher, and re-apply it about every 2 hours. Lip balm with sunscreen is a wise choice. And don't forget sunglasses to protect your eyes.
- 4. **FALSE:** The Sun Protection Factor (SPF) describes how well a sunscreen protects against UVB rays (although it says nothing about protection from UVA rays). SPF 15 sunscreens filter out about 93% of UVB rays, while SPF 30 sunscreens filter out about 97%. Be sure to choose a broad-spectrum product that blocks both UVB and UVA light. It's also important to use enough sunscreen and reapply it often, especially if you are sweating or swimming.
- 5. **FALSE:** UV rays can easily go through a white cotton t-shirt, especially if it's wet. Most wet, light-colored t-shirts only give about as much protection as an SPF 4 sunscreen–certainly not enough for all day and well below the minimum of SPF 30 recommended by the ACS. Better clothing choices include dark colors, fabrics with tight weaves, and specially treated garments and swimsuits. Sun-protective clothing can be found at sporting goods stores. Another great choice is moving into the shade during mid-day, when the sun's rays are strongest. For babies younger than 6 months old, shade, sun-protective clothing, and hats are best. As a last resort, pediatricians say that very small amounts of sunscreen can be used on small areas, such as the face and back of the hands.
- 6. **ALL OF THE ABOVE:** For best results, most sunscreens need to be re-applied about every 2 hours or sooner, but be sure to check the label for how long the protection will last. Sunscreens labeled "water resistant" are made to protect you from burning when you swim or sweat, but may only last for 40 minutes. Also, remember that sunscreen usually rubs off when you towel dry.
- 7. **FALSE:** Our experts say a "base tan" gives you very little protection against sunburn. Also, tanning itself injures the skin. What you don't see is UV damage to deeper layers, where it builds up from every tan and burn you've ever had. There really is no such thing as a "safe tan".
- 8. **ALL OF THE ABOVE**: Sunscreens with broad-spectrum protection (against both UVA and UVB rays) and SPF values of 30 or higher are recommended. About 1 ounce of sunscreen (a palm full) should be used to cover the arms, legs, neck, and face of the average adult. For best results, sunscreens must be reapplied at least every 2 hours and even more often if you are swimming or sweating. Products labeled "waterproof" may provide protection for at least 80 minutes even when you are swimming or sweating. To be safe as possible when in the sun, use a lot of sunscreen and use it often.

(Continued on next page).

Crossword Puzzle - By Bob Patton

ACROSS

- 1. Canada's continent (abbr.)
- 3. Li'l ___ (cartoon character)
- 8. Fourth note in the diatonic scale
- 10. Support group for drinkers
- 11. Writer of the Pentateuch
- 12. A designer label (abbr.)
- 13. Moved stealthily along the ground
- 15. High military rank (abbr.)
- 17. Thesaurus writer
- 18. Sudden increase
- 19. German road construction company
- 21. Manned orbiting capsule (abbr.)
- 22. Stays
- 25. Not amateur
- 27. Picks at
- 30. Lubricator
- 33. Gas like helium or neon
- 34. Insurance company with a "spokesduck"
- 35. Haute, Indiana
- 36. Chemical symbol for Chlorine
- 37. Maker of minicar For2
- 39. Either's partner
- 40. or she
- 41. Strong glue
- 42. ER person (abbr.)

Solution to this puzzle can be found in the next issue of The Herald.

Solution to the June puzzle below.

Α	Α	Α		S	0	S		Υ	Т	D
L	_	Т	Ι	_	כ	Μ		0	_	L
Α	ш	Τ	Α		R	ш	S	כ	Μ	Ε
		_	R	R		L	U	R	Ε	
С	0	R	>	Е	Н	Τ	Е		0	R
0	R	Ε		S	S	Е		R	٦	Т
Р	D		S	Т	Α	R	Δ	Α	Т	Ε
	Α	S	Р	S		S	_	Т		
D	-	П	Α	Т	Е		0	Т	Т	0
-	Ν	Α		0	٧	Ε	R	Α	L	L
М	S	G		Р	E	Т		Ν	С	Ε

DOWN

- 1. Mother-of-Pearl
- 2. Brother of 11-Across
- 3. Current measurement
- 4. Opposite of top
- 5. A Canadian maritime province (abbr.)
- 6. Long, thin fish
- 7. Q followers
- 8. What tadpoles grow up to be
- 9. German national anthem "Deutschland Uber
- 14. Chinese side dish
- 16. Crunchier
- 20. Willow Grove (former military base)
- 23. Medical software from Medido Health
- 24. Number represented by Roman numeral XC
- 25. One way to cook an egg
- 26. Long gun
- 28. Mistake
- 29. Back end of a ship
- 31. Facility
- 32. Law enforcement group north of the border
- 38. Class of chemicals such as BHA and BHT

1	2		3	4	5	6	7		8	9
10			11						12	
13		14				15		16		
17						18				
19					20			21		
		22				23	24			
25	26				27				28	29
30			31	32		33				
34						35				
36			37		38				39	
40			41						42	

(Health Ministry Article Continued from Page 7)

9. **MOVE TO THE SHADE:** While all 3 actions may help, getting out of the mid-day sun is the best choice in this situation. Seeking shade is a key element in preventing skin cancer, especially between 10:00 am and 4:00 pm, when the sun tends to be the hottest. The clothes block very little UV radiation because they're made of cotton. This compares to a sunscreen rated SPF 4. Covering up is the right idea, but dark colors, tight weaves and clothing labeled at least SPF 30 work better. Sunscreen should not be used to extend your time in intense sunlight. Sunscreen is an important part of protecting your skin, but it does not provide total protection. To get the most from sunscreen, choose products of SPF 30 or higher that block both UVA and UVB rays, re-apply at least every 2 hours and use at least 1 ounce or a palm full for an adult.



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HUMOR FOR TRYING TIMES



Adopt-A-Highway

Saturday, July 18 9:00 AM

(Rain date: July 25)



